Show three good bowholds	Sing the stop the traffic song with your violin actions	Hold your violin up on your shoulder with best posture for 10 counts	Clap all the Twinkle rhythms – you choose the order
Teach your parent how to hold the violin and bow	Play four 'Everybody Down Up' rhythms on the E string with your very best posture, bowhold and tone	Twinkle Sandwich Game - One action for bread and a different action for the cheese - Do this with singing or with the CD	Show your best violin feet
Sing the 'I'm a Little Monkey' song	Sing the 'Listen to the Twinkle Variations' song Then play it!	Ask your parent to take a picture of your bowhold – make sure it looks really good.	Play four 'Run Rabbit Run Rabbit' rhythms on the E string with your very best posture, bowhold and tone
Choose a Twinkle rhythm and play it four times on the A string	Play four 'Fatter than a Caterpillar' rhythms on the E string with your very best posture, bowhold and tone	Show your 'swan arm' and balance a small toy on the back of your right hand.	Choose a Twinkle rhythm and play it four times on the A string
Sing the crocodile song	Play with your very best tone on the E string and then your very best tone on the A string Make sure you have good posture and bowhold	Clap the 'I Stop and You Stop' Twinkle Variation along with the CD	You choose!! Then hug your parent!